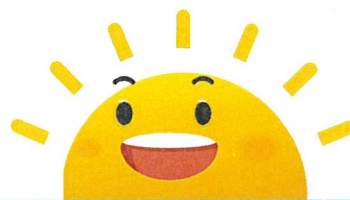


# ROCKFORD CHRISTIAN SUMMER 2023 SPORTS CAMPS



Rockford Christian 2023 Sports Camps features individual and team instruction through competition, great facilities, quality Christian instruction, exercise, fun, and excitement. Sports Camp is \$80.00 each. There is a \$5.00 discount for campers enrolled in the Camp VE daily program. Please use the Camp VE registration form to sign up for the sports camps. Registration forms and fees are due no later than one week prior to the start of camp. If you register the week of camp, the fee will be \$85. RCS Sports Camps will issue refunds only with notice of cancellation received no later than one week prior to the start of camp.

## Camp Location

All camps will be held at Rockford Christian Schools Middle School/High School Campus at 1401 North Bell School Road in Rockford.

## Camp Drop-Off and Pickup

Campers should be dropped off and picked up at the Middle School/High School Campus. All Campers should be dropped off no earlier than 15 minutes prior to camp and picked up no later than 15 minutes after the scheduled end time. If the camper is a VE camper, then Camp VE will help with getting the camper to and from the sports camp.



## Week 3 — June 12-15

### DEVELOPMENTAL VOLLEYBALL CAMP

Entering Grades 5-8

June 12-15

9:00 a.m.-11:00 a.m.

A strong emphasis on fundamentals will be introduced to help develop players at the elementary and middle school levels.

Directors: Varsity Coaches Stuart Lohrenz and Annie Hilden

### SOCCER CAMP

Entering Grades K-8

June 12-15

9:00 a.m.-11:00 a.m.

Fundamental skills will be taught, while fun and enjoyment of the game is emphasized. Each camper should come prepared with shin guards, cleats, and soccer ball.

Director: TBA

### DEVELOPMENTAL FOOTBALL CAMP

Entering Grades K-8

June 12-15

9:00 a.m.-11:00 a.m.

Campers will be taught the fundamentals of football, as well as competing in daily challenges and games. The camp is non-contact, so football pads are not needed.

Director: Varsity Coach Terry Gulley

## Week 4 — June 19-22

### GIRLS BASKETBALL CAMP

Entering Grades 5-8

June 19-22

9:00-11:00 a.m.

Campers are divided into small groups for instruction on fundamental skills for both offense and defense.

Director: Varsity Girls Coach Ted Lawver

### BOYS BASKETBALL CAMP

Entering Grades 5-8

June 19-22

1:00 p.m.-3:00 p.m.

Campers are divided into small groups for instruction on fundamental skills for both offense and defense. The camp includes instructional sessions covering the concepts and fundamentals of basketball both offensively and defensively.

Director: Varsity Boys Coach Isaiah Johnson