

RCS Back to School Checklist from the Health Office

2020-2021

Please use this checklist to make sure you have all forms turned in **by the first day of school (August 19, 2020)**

****New this year: School policy requires that all Physical Exams and Immunizations must be on file for all new students, 6th, and 9th graders before the school year begins or the student will be excluded beginning the first day of school. We recognize that due to Covid this may be more difficult, so we will also accept a doctor's appointment date if you do not have the paperwork by the first day of school****

✓ 6th Grade

Complete Physical Exam

- Parent must complete the Health History portion (2nd page) and sign/date the form
- A Sports Physical does NOT meet the requirements of a School Physical

Immunization Record

- ALL immunizations must be up-to-date and documented on the physical form prior to the first day of school
- Must have MCV and Tdap vaccines

Dental Exam Report

- Must be on file at RCS by May 15, 2021

✓ 9th Grade

Complete Physical Exam

- Parent must complete the Health History portion (2nd page) and sign/date the form
- A Sports Physical does NOT meet the requirements of a School Physical

Immunization Record

- ALL immunizations must be up-to-date and documented on the physical form prior to the first day of school

Dental Exam Report

- Must be on file at RCS by May 15, 2021

✓ 12th Grade

Immunization Record

- ALL immunizations must be up-to-date and documented on the physical form prior to the first day of school
- Must have MCV vaccine administered on or after age 16

✓ Emergency Action Plans

- Required for ALL children with asthma, diabetes, seizures, food allergies, severe allergies, and other significant medical conditions

✓ New Students

Emergency Form

- Available on the RCS website or in your registration packet

Illinois State Physical Exam

- Parent must complete the Health History portion (2nd page) and sign/date the form
- A Sports Physical does NOT meet the requirements of a School Physical

Immunization Record

- ALL immunizations must be up-to-date and documented on the physical form prior to the first day of school