

RCS Back to School Checklist from the Health Office

Please use this checklist to make sure you have all forms turned in *by the first day of school*.

*School policy requires that all **Physical Exams and Immunizations** must be on file for all new students and kindergartners **before the school year begins** or the student will be **excluded beginning the first day of school**.*

✓ Kindergarten

Complete Physical Exam

- Parent must complete the **Health History** portion (2nd page) and **sign/date** the form
- A Sports Physical does NOT meet the requirements of a School Physical

Immunizations Record

- ALL immunizations must be up-to-date and documented on the physical form prior to the first day of school

Vision Exam Report

- Performed by an **ophthalmologist** or **optometrist**
- Must be on file at RCS

Dental Exam Report

- Must be on file at RCS

✓ 2nd Grade

Dental Exam Report

- Must be on file at RCS

✓ Emergency Action Plans

- Required for ALL children with asthma, diabetes, seizures, food allergies, severe allergies, and other significant medical conditions

✓ New Students

Illinois State Physical Exam

- Parent must complete the **Health History** portion (2nd page) and **sign/date** the form
- A Sports Physical does **NOT** meet the requirements of a School Physical

Immunization Record

- ALL immunizations must be up-to-date and documented on the physical form prior to the first day of school