

# RCS Back to School Checklist from the Health Office

Please use this checklist to make sure you have all forms turned in **by the first day of school.**

\*School policy requires that all **Physical Exams and Immunizations** must be on file for all new students and kindergartners **before the school year begins** or the student will be **excluded beginning the first day of school.**\*

## ✓ Kindergarten

### **Complete Physical Exam**

- Parent must complete the **Health History** portion (2<sup>nd</sup> page) and **sign/date** the form
- A Sports Physical does NOT meet the requirements of a School Physical

### **Immunizations Record**

- ALL immunizations must be up-to-date and documented on the physical form prior to the first day of school

### **Vision Exam Report**

- Performed by an **ophthalmologist** or **optometrist**
- Must be on file at RCS

### **Dental Exam Report**

- Must be on file at RCS

## ✓ 2<sup>nd</sup> Grade

### **Dental Exam Report**

- Must be on file at RCS

## ✓ Emergency Action Plans

- Required for ALL children with asthma, diabetes, seizures, food allergies, severe allergies, and other significant medical conditions

## ✓ New Students

### **Illinois State Physical Exam**

- Parent must complete the **Health History** portion (2<sup>nd</sup> page) and **sign/date** the form
- A Sports Physical does **NOT** meet the requirements of a School Physical

### **Immunization Record**

- ALL immunizations must be up-to-date and documented on the physical form prior to the first day of school