

RCS Back to School Checklist from the Health Office

2020-2021

Please use this checklist to make sure you have all forms turned in **by the first day of school (August 19, 2020)**

****New this year: School policy requires that all Physical Exams and Immunizations must be on file for all new students, kindergartners, 6th, and 9th graders before the school year begins or the student will be excluded beginning the first day of school. We recognize that due to Covid this may be more difficult, so we will also accept a doctor's appointment date if you do not have the paperwork by the first day of school****

✓ Kindergarten

- Complete Physical Exam**
 - Parent must complete the Health History portion (2nd page) and sign/date the form
 - A Sports Physical does NOT meet the requirements of a School Physical
- Immunizations Record**
 - ALL immunizations must be up-to-date and documented on the physical form prior to the first day of school
- Vision Exam Report**
 - Performed by an ophthalmologist or optometrist
 - Must be on file at RCS by October 15, 2020
- Dental Exam Report**
 - Must be on file at RCS by May 15, 2021

✓ 2nd Grade

- Dental Exam Report**
 - Must be on file at RCS by May 15, 2021

✓ 6th Grade

- Complete Physical Exam**
 - Parent must complete the Health History portion (2nd page) and sign/date the form
 - A Sports Physical does NOT meet the requirements of a School Physical
- Immunization Record**
 - ALL immunizations must be up-to-date and documented on the physical form prior to the first day of school
 - Must have MCV and Tdap vaccines
- Dental Exam Report**
 - Must be on file at RCS by May 15, 2021

✓ Emergency Action Plans

- Required for ALL children with asthma, diabetes, seizures, food allergies, severe allergies, and other significant medical conditions

✓ New Students

- Emergency Form**
 - Available on the RCS website or in your registration packet
- Illinois State Physical Exam**
 - Parent must complete the Health History portion (2nd page) and sign/date the form
 - A Sports Physical does NOT meet the requirements of a School Physical
- Immunization Record**
 - ALL immunizations must be up-to-date and documented on the physical form prior to the first day of school